

# Food Fantastic

REFRAIN FROM SALAD MAKING!!

Procedure:

This summer, roll up your sleeves. You've got an amazing opportunity to become a Chef! But not any chef, a healthy chef. Cooking healthylicious food is your prime goal.

Ingredients must be mentioned in the video.

Participants make take a time-lapse of the cooking procedure. The video can range from 3-5 minutes. It must be shot is a landscape view. Also don't forget to speak about your dish's health benefits.

PARTICIPATION IS MANDATORY FOR ALL VERTE CLUB MEMBERS.

Kindly submit your video latest be 20<sup>th</sup> July, 2020.